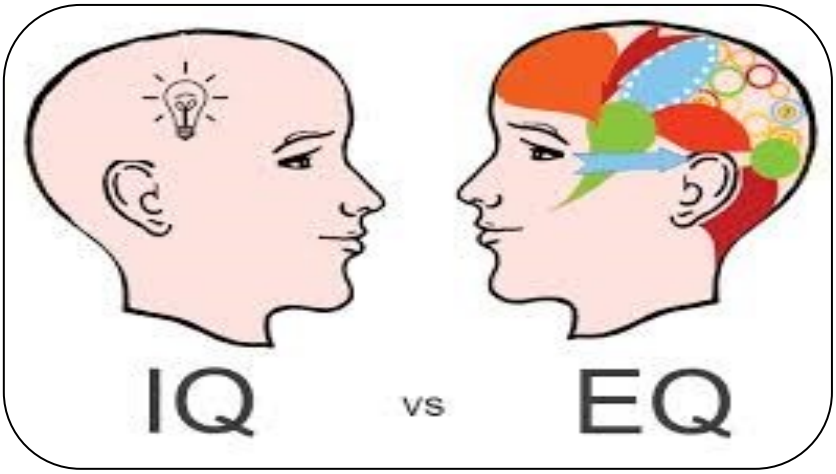

Exploring Emotional Intelligence

Intelligence for the 21st Century!

Helena, MT

Factual knowledge and how-to-skills are important, but *emotional intelligence* skills, such as flexibility, teamwork, emotional management, communication, conflict, and even enthusiasm have become even more crucial and valuable to organizations' bottom line.

This course will explore why EQ is important and how to gain the highly learnable skills. Specifically, participants will learn how to develop **self-awareness**, **self-management, social-awareness,** and **social-management** for both *work* and *personal effectiveness.*

Available for POST, CEU, and OPI Teacher Renewal Units

Instructor: Chance T. Eaton, MS Psych, MBA

Date:	**February 3, 2015**
Time:	**8:30 am to 4:30 pm**
Location:	**Helena Capitol Complex**
	Mitchell Building
	Glacier Room

Registration

Online: ***https://pdc.mt.gov/register.mcpx***

By phone: 444-3985

By e-mail: ***pdc01@mt.gov***

Investment is $123 + $34 EQ Self-Appraisal (discounts for multiple attendees from one organization).

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