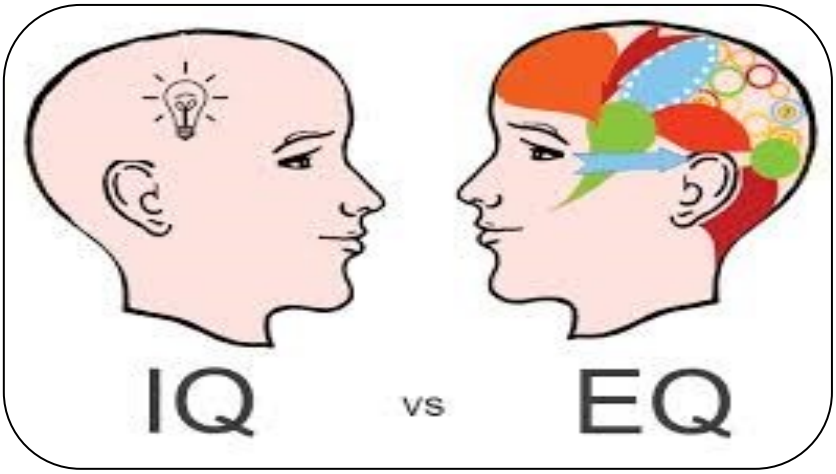

Exploring Emotional Intelligence

Intelligence for the 21st Century!

www.PDC.MT.GOV Helena, MT

Factual knowledge and how-to-skills are important, but *emotional intelligence* skills, such as flexibility, teamwork, emotional management, communication, conflict, and even enthusiasm have become even more crucial and valuable to organizations' bottom line.

This course will explore why EQ is important and how to gain the highly learnable skills. Specifically, participants will learn how to develop **self-awareness**, **self-management, social-awareness,** and **social-management** for both *work* and *personal effectiveness.*

Available for POST, CEU, and OPI Teacher Renewal Units

Instructor: Chance T. Eaton, MS Psych, MBA

Date:	**Tuesday, August 12, 2014**
Time:	**8:30 am to 4:30 pm**
Location:	**Helena Capitol Complex**
	Mitchell Building
	Glacier Room

Registration

Online: https://pdc.mt.gov/register.mcpx

By phone: 444-3985

By e-mail: pdc01@mt.gov

Investment is $123 + $34 EQ Self-Appraisal (discounts for multiple attendees from one organization).

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